

## EAE12 Equipment and Environments

**SISXFAC001 - Maintain equipment for activities**

**SISXIND001 - Work effectively in sport, fitness and recreation environments**

There are **three** formal assessments for this cluster of units.

- **A quiz,**
- **An assignment and**
- **A practical assessment.**

To be deemed 'Competent' for this cluster of units you will need to complete and be deemed satisfactory for the quiz, assignment, and practical assessment. Once you have been deemed **satisfactory** for the quiz and assignment for the first **two** clusters (AAP01 & CS02) you will gain access to the practical assessment.

Once you have achieved **satisfactory** for all **three** assessments in the cluster, you will be deemed as **Competent** in this cluster of units.

### Assessments

#### 1. Quiz

Quizzes may include multiple choice, matching, and true/false questions and are designed to test your knowledge of a particular topic or subject. Each quiz you complete is submitted in My eCampus where you will receive your results immediately after your submission. You must receive 100% on your quiz. If you answer a question incorrectly, you will receive instant feedback once you have submitted the quiz. You will then be provided with the opportunity to review your course notes and re-attempt the question again.

#### 2. Assignment

You will be presented with case studies and short answer questions that will be relative to what you have learnt. The assessments are designed to simulate real life situations and scenarios within the industry. The assessor is looking at how you would effectively manage a range of situations and apply your knowledge to it.

#### 3. Practical Assessment

The practical component is designed to provide you with real industry experience and equip you with the tools to become a proficient gym instructor or personal trainer.

The practical component of this course is split into three areas:

**Structured Work placement - Logbook**

You are required to complete a work placement, which is recorded in your logbook. The work placement is designed to provide you with the opportunity to gain practical skills at the workplace and understand exactly what it means to operate as a gym instructor, group fitness instructor or personal trainer. You are required to demonstrate a range of important tasks as part of your course. These tasks are to be observed at the workplace by an approved Industry Professional who will provide feedback and complete the Industry Professional checklist and report.

**Case Studies**

You are required to complete practical simulation case studies online. They are designed to provide you with the opportunity to gain practical skills with real-life cases that may then be used as part of your practical Work placement Demonstration.

**Work placement Demonstration**

You are required to undertake a final practical competency assessment. This assessment requires you to demonstrate completing a variety of sessions where you will be providing initial consultations, fitness appraisals, and a variety of gym programs to a client. The feedback provided by the Industry Professional within the Workplace Demonstration document is then to be submitted to AIPT for assessment by a qualified assessor. The assessor will then provide a result on your My eCampus account. This task is usually undertaken at the end of the work placement.